



Get Ready to Plan for YOUR Future!!!

Delta Secondary School

Grade 10 Course Planning February 2025

Land Acknowledgment

I would like to acknowledge the traditional territory of the Tsawwassen and Musqueam First Nations and of all the Hun'qumi'num speaking people who have been stewards of this land since time immemorial. I would also like to offer my respect to all the Elders who have gone before us and to the Elders and First Nation people who are with us today.

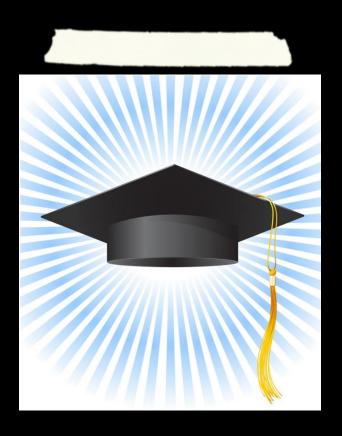


Timetable 2024-2025

- OGrade 10 will be.....
 - Semester
 - Semester 1: September January (4 blocks)
 - Semester 2: February June (4 blocks)

Flex and collab will be back





In Grade 10 you will begin to accumulate credits toward graduation!

This is where things start to count!

Graduation Requirements

English	
English Language Arts 10	4 credits
English Language Arts 11	4 credits
English Language Arts 12	4 credits
Social Studies	
Social Studies 10	4 credits
A Social Studies 11 or 12	4 credits
Science	
Science 10	4 credits
A Science 11 or 12	4 credits
Math	
A Math 10	4 credits
A Math 11 or 12	4 credits
PE & Health Ed	
A Physical Education & Health 10	4 credits
Fine Arts or an Applied Skills & Design (ADST)	
A Fine Arts or an App Skills 10, 11, or 12	4 credits
Career Ed.	
Career Life Education 10	4 credits
Career Life Connections (CLC) & Capstone	4 credits
Electives	
Elective Courses (12 credits must be Grade 12)	28 credits
*Indegenous Ed course (through English or Socials)	4 credits
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All students are required to write a provincial numeracy skills assessment and 2 provincial literacy assessments before graduation

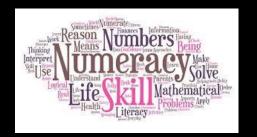
Total ... 80 credits minimum to graduate

You don't want to cut it too close; most students have many more than 80 credits when they graduate!









*Grade 10: Numeracy 10 & Literacy 10

*Grade 12: Literacy 12

- *Required for graduation (1-4 grading)
- *You can rewrite these assessments (max 3 attempts)
- *No certain mark needed; just complete to graduate (but certain universities may look at the mark- ie. UBC requires a "proficient"/3 in the Lit 12 assessment)

The assessments are broad-based measures of literacy and numeracy skills relevant to daily life; they are not measures of content in specific Math or English courses



Hmmm....!!

What courses do I take next year?

Grade 10.... already?!

Grade 10 Courses



You don't have a lot of choice in Grade 10 ... but in Grade 11 and 12, you will have tons of choices!

- *Language Arts 10 (4 credits)
- *Socials 10 (4 credits)
- *A Math 10 (4 credits)

- *A PE 10 (4 credits)
- *Career 10 (4 credits)
- *Science 10 (4 credits)

2 Elective Courses (8 credits)

English Language Arts

For English Language Arts 10, you can choose:

- ➤ English First Peoples Writing 10 (2 credits) & Literary Studies 10 (2 credits)
- ➤ English First Peoples Writing 10 (2 credits) & Spoken Language 10 (2 credits)
- English First Peoples Literary Studies (2 credits) & New Media 10 (2 credits)
- They are all the same academic rigour just different flavours
- They all meet the Indigenous grad requirement

English First Peoples Literary Studies and Writing 10

ODo you enjoy reading and analyzing stories, poetry, novels, and plays, especially ones rooted in Indigenous perspectives and traditions? This course invites you to explore themes of identity, culture, and community while engaging with diverse literary works. You'll also have the chance to develop your creative, academic, and personal writing voice by experimenting with short stories, poetry, essays, reflections, and films inspired by Indigenous storytelling traditions.

English First Peoples Spoken Language and Writing

ODo you love expressing yourself through discussions, speeches, and storytelling? In this course, you'll build confidence in public speaking through activities like spoken word poetry and presentations, with a focus on Indigenous oral histories and perspectives. You'll also focus on developing your writing voice, experimenting with creative, academic, and personal styles, including short stories, poetry, essays, and reflections inspired by Indigenous traditions.

English First Peoples New Media and Literary Studies 10

OIf you're curious about digital storytelling and how technology shapes modern communication, this course is for you. You'll explore stories, poetry, novels, and plays rooted in Indigenous perspectives while diving into themes like identity, culture, and community. You'll also examine Indigenous perspectives in media and learn how to analyze diverse texts including short stories, novels, poetry, film, and social media, making this a great fit for students interested in critical media literacy.

What is Careers?

Careers 10 is a required course for Graduation. You learn about:

- Self-assessment, goal setting, & lifelong learning
- grad requirements
- financial planning
- workplace etiquette
- Local/global market trends
- post-grad opportunities
- > career and employability skills
- work experience opportunities
- workplace safety& employment standards



- *If you decide to do this in summer school/online, please click this option on MyEd and select an extra elective
- *if you do not complete the course in summer, you will need to contact your counsellor to be scheduled in the course next year, and there may not be room.
- *You can register anytime on Delta Access but need to be completed by the end of July. We do not register you you must do this yourself (all instructions are on the Delta Access website there's even a video).

Physical & Health Ed. Options

Physical & Health Education 10

Students will participate in a variety of activities, games and sports

Physical & Health Education 10: Junior Weight Training

Strength and Conditioning Focus in the weight room

Physical & Health Education 10: Junior Studio Fit

Personalized approach to health & fitness; activities may include: dance, pilates, step, Zumba, strength training and sports

Physical & Health Education 10: Diamond Sports - *new this year* - description on next slide

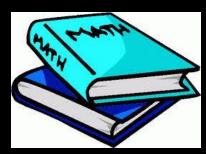
ALL 4 of these meet the PE 10 requirements

PE 10: Diamond Sports

- The course will follow the required curriculum for PHE 10 (including healthy and active living, First-aid, mental well-being, and social & community health) with a physical literacy focus on baseball and softball.
- This unique co-ed program offers baseball/softball specific instruction combining on-field and strength/conditioning training. Efforts will be put towards the generating metrics and content to be used in the recruiting portfolios.
- This course is not designed for the recreational baseball/softball player, it is an advanced skill-based course following sport-specific development models (LTAD/LTPD) established by Baseball and Softball BC/Canada, by nationally certified coaches.
- Guest instructors will be scheduled throughout the year to provide a wide range of skill development. This course may be combined with grade 11/12 students and will be taught primarily at the new facility at Cromie Park.
- Course Fee: \$350
- APPLICATION REQUIRED

Math Options

Option #1



Foundations and Pre-Calculus 10

This course is designed for students who plan to pursue post-secondary studies

Recommended proficiency level of proficient or higher

In Grade 11, you will be able to choose any Math 11

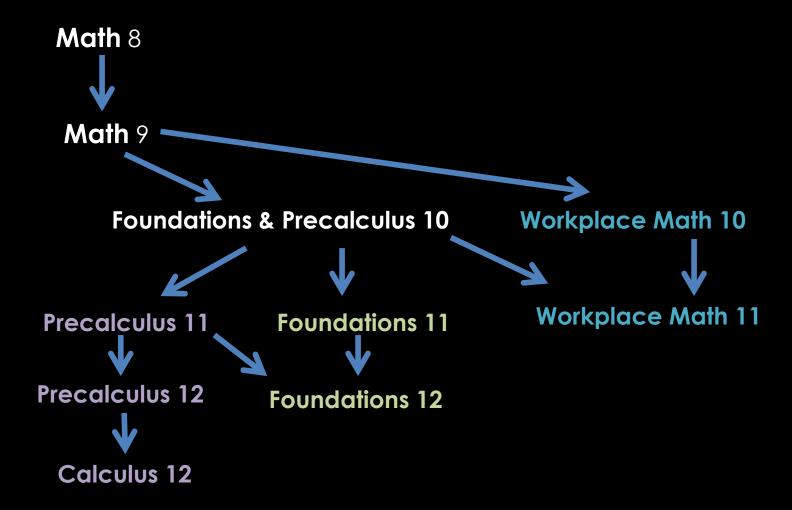
Math Options

Option #2
Workplace Math 10



- This course is designed to teach students the basic Math skills needed for the home and the workplace
- This math prepares students for the majority of trades or direct entry into the workforce or some trades/college programs.
- O Students who take Workplace 10 must take Workplace Math 11.
- It is possible to upgrade your math in college if you are interested in a program requiring a different math.

Math Paths



Choosing the right Math

- > It's important to choose the right math path for you.
- As a young adult, you may not know what your future career path will be, therefore try to keep your options open, while being realistic about your abilities.



- ➤ Talk to your math teachers, ask for their advice on what math path you should follow (check report card recommendations) this recommendation should be on MyEd if you took Math first semester
- Talk to your parent/guardian; ask for their advice on what math path they believe you should follow
- Stay in the highest level of Math that you are realistically capable of
- Remember, your brains are still developing, math that is difficult now, may not be in years to come.

Language Update this year

A Language is no longer required for Post-Secondaries in BC

However, you may still want to take a language because:

- *It's valuable to be able to speak another language (ie government jobs where you are required to know French; makes travel easier)
- *You enjoy it and find it fun
- *It may help as part of your Arts degree at University



Language Challenge Exams

Do you already have a second language? If you can speak, read, write and listen to one of the following Languages, you may write a Grade 11 or Grade 12 challenge exam to earn your Language credit (although UBC does not allow these to contribute to your qualifying Grade Point Average) ...

- Mandarin
- Farsi
- French
- Spanish
- Japanese
- Punjabi
- Korean



Applications for these exams are available in the Fall (listen to announcements).

See your counsellor for more details.

So many amazing electives:

- O Drama 10
- O Concert Band 10
- O Guitar 10
- O Dance 10
- 2D Art: Drawing & Painting 10
- 3D Art: Ceramics & Sculpting 10
- Photography 10
- 0 French 10
- o Spanish 10
- O Intro German 11
- O Choir 10 (X blk)
- O Theater Production 10: Stagecraft (X blk)

- Foods Studies 10
- O Culinary Arts: Baking 10
- O Culinary Arts: Caf 10
- O Textiles 10: Sewing
- O Computer Animation 10
- Entrepreneurship & Marketing 10
- Tech Exploration 10
- O Metalwork 10
- Power Technology 10
- Ø Woodwork 10
- Yearbook 11(X blk)
- O Theater Company 10: Performance (X block)

Other courses: Strategies, Gradquest, Supportive Learning, ELL (must have approval)

Choose your classes wisely!

Choose direct alternates for courses

See the course booklet on the DSS website

List your electives and direct alternatives

We do our best to give you your first choices, but sometimes it just can't work!



Course Changes

It is easier to make changes before classes have started, so please talk to your counsellor in June/August (counsellors are working the week before school starts)

Classes are created on enrollment numbers



External Credits

Students may earn credits toward graduation for a variety of training programs outside of school –

- Dance (Royal Academy of Dance)
- Music (Royal Conservatory of Music)
- Sports (Provincial or National level)
- Lifesaving (Bronze Cross, NLS)
- Cadets (National Defense Cadet Certification)
- First Aid (WCB level II and III)
- Coaching (National Coaching Certification Program)
- Driver Education (ICBC accredited Programs)
- Officiating

See your counsellor for more info! Remember to bring the certificate with you.



Summer School

... and other options

There are two types ...

*Sign up online after Spring break – Google: Delta summer school

Skill Building

For those students who have not passed a course, but have achieved a recommendation from their teacher to do summer school and an emerging fail)

- July 7-18 (most likely)
- Most gr 8 & 9
 academic classes
 offered can only take
 one class usually
 (based on enrolment)
- Time TBD DSS/NDSS
- Math, Eng, Soc, Sci

Full-Credit

For those students wanting to work ahead

- July 2-Aug 1 (most likely) DSS/NDSS
- 3.5 hour class
- 8:30-12:00 & 12:30-4:00
- Most academic gr 10-12 classes offered
- If you are confident, you will do will well and you have done well in the past, you can see your counsellor about choosing a new course for next year

Online Courses



Delta has an online 'school' called Delta Access check their website for course availability: https://www.deltaaccess.ca/

Many of the same Full-Credit courses (gr 10-12 level only) in summer school are offered online.

Courses run September to late July, so the earlier you begin the more time you have to complete.

Students will work from home and come in to test centres to write exams (there is a test center at DSS)

Online courses are also available through other schools such as ebus, etc. Check their websites. You must also be sure to bring us a copy of your report card if they are not on MyEd.

Discussing options with your counsellor can help!

Positives and Negatives?

Post Secondary Options

What College / University?

What program to apply to?

Possible Careers

Costs?

You need to think of more than just grad credits!

What about your future? What about post-Secondary? Jobs?



Aaahhhhhh



When you are ready to start thinking about this seriously, make an appointment with Ms. Jew in the Career Center.

Websites like Education Planner can be helpful as well:

http://www.educationplanner.ca/

Remember... this is a journey; learn as You go, be flexible, be open to new options!



Resources

For more information on course planning, see your counsellor:

A-De Kinnis



Dh-Lo Ms Greene



Lu-Pa Ms Rohwer (Ms Diomis)

International students



Pe-Z Ms Gillis



For more information on career planning and post-secondary, see Ms. Jew.

The school website also has lots of handy info!

https://de.deltasd.bc.ca/



Dates/Deadlines

- Registration opens: Feb 20 and closes March
 7th Deadline for course Registration
- Go to MyEd and select courses
- Also select direct alternatives
- Parent Info Session Thursday, February 20 at 6pm



GRADE 10 COURSE SELECTION: 2025-26

Please choose your courses carefully

- The timetable is built based on your choices now. In the fall, there may not be space to allow you to change your mind. Courses will be cancelled, and sections will be decided based on what is chosen
- Pick alternates for every course you choose. There are times when there are course conflicts, particularly among single section courses. If there is a conflict, it is important for us to know what a second choice would be. Please select the alternate from the dropdown menus to the right of your selection
- All students are expected to have a full course load that includes:
 - o Science 10
 - o Social Studies 10
 - o An English 10 Combination
 - o A Mathematics 10
 - o Career Education 10
 - O A Physical and Health Education 10 PHE 10 Diamond Sports requires an additional application.
 - o Two Elective courses
- X-Block Courses: Outside the timetable electives are taken in addition to the required eight courses.
- Summer School: If students are planning to take a course in the summer, please include which course you are planning to take in the counsellor memo at the bottom.

Requests

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XAT-00--CLE

Please choose your 6 required courses and direct alternatives for any "elective" course

Career Life Education 10

Career Life Education Summer School (Online)

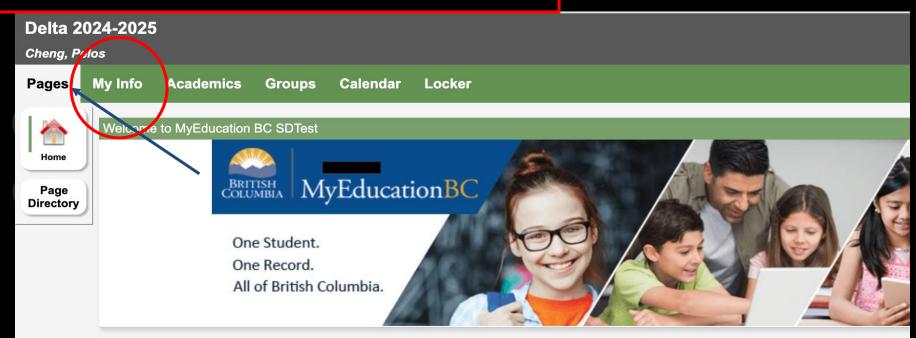
	Course Code	Course Description	
×	MSC-10	Science 10	
×	MSS-10	Social Studies 10	
		an "X" next to the English 10 Combination course h	ave selected. Write a direct alternate
En	glish Combination t	o the right.	EFP Writing + Spoken
X	MEFW10	English First Peoples Writing 10 and Literary Studies 10	Language Language
1	MEFSL10	English First Peoples Writing 10 and Spoken Language 10	
	MEFLS10	English FP Literary Studies 10 and New Media	
M	athematics: Please	mark an "X" next to the Mathematics 10 Course yo	ou have selected.
		Foundations of Math and Pre-Calculus 10	THE RESERVE OF THE PARTY OF THE
X	MFMP-10	Foundations of Math and Fre Carculus 15	The second secon
X	1411 1411 23		MSRELL CALL
	MWPM-10	Workplace Mathematics 10	A STATE OF THE STA
PH	MWPM-10 HE: Please mark an '	"X" next to the PHE course you wish to take. You	must write a PHED10 alternative next to the
PH	MWPM-10 HE: Please mark an 'urse you have selec	"X" next to the PHE course you wish to take. You ted.	must write a PHED10 alternative next to the
PH	MWPM-10 HE: Please mark an '	"X" next to the PHE course you wish to take. You	must write a PHED10 alternative next to the
PH	MWPM-10 HE: Please mark an 'urse you have selec	"X" next to the PHE course you wish to take. You is ted. Physical and Health Education 10 Physical and Health Education 10: Junior Studio Fit	must write a PHED10 alternative next to t
PH	MWPM-10 HE: Please mark an ourse you have selected MPHED10	"X" next to the PHE course you wish to take. You need. Physical and Health Education 10 Physical and Health Education 10: Junior	

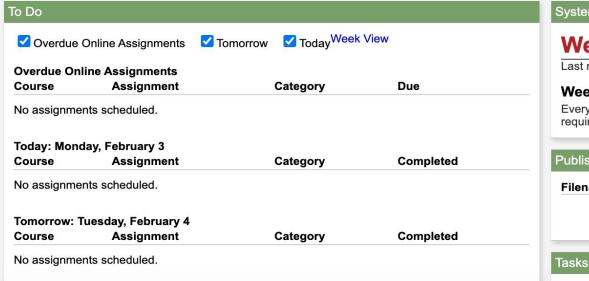
GRADE 10 COURSE SELECTION: 2025-26

E	lectives:		
		ext to the two or three electives you wish to take. you have made in the box to the right. An X-block	
	Course Code	Course Description	Direct Alternate
	MFR-10	French 10	
	MSP-10	Spanish 10	
X	MBGE-11	Beginner German 11	Culinary Arts-Baking
	MADEM10	Entrepreneurship and Marketing 10	
	YCCT-0AD37	Computer Animation 10	
	MTMET10	Metalwork 10	
	MTPOW10	Power Technology: Small Engines 10	
	MTEXP10	Technology Explorations 10	
	MWWK10	Woodwork 10	
	MCUL-10BAK	Culinary Arts Baking	
32	MCUL-10CAF	Culinary Arts: Cafeteria	
	MFOOD10	Food Studies 10	
	MTXT-10	Textiles 10: Sewing	
	MDNCM10	Dance 10	
X	MDRM-10	Drama 10	Dance 10.
	MMUGT10	Guitar 10	
	MMUCB10ICB	Instrumental Concert Band 10: Introductory	
1	MMUCB10SCB	Instrumental Concert Band 10: Senior	
1	MVAC-10	Studio Arts 3D: Ceramics and Sculpture	
1	MVAD-10	Studio Arts 2D: Drawing and Painting	
	MVAPH10	Photography 10	
	MVAM-10	X-Block: Yearbook	
1	MMUCC10	X-Block: Concert Choir 10	
1	MDRTC10	X-Block: Theatre Company 10: Performance	
1	MDRD-10	X-Block: Theatre Production 10: Stagecraft	

Notes to Counsellor

Sign into MyEd and click on My Info





System Maintenance & Announcements

Welcome to MyEducati

Last refreshed with PROD data as of Saturday, F

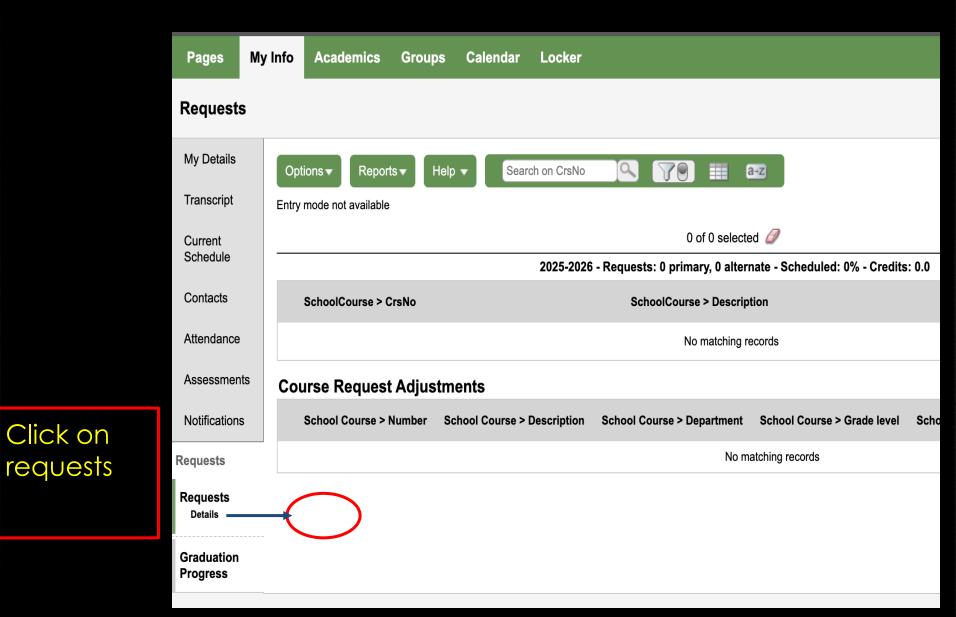
Weekly Maintenance Windows - Outa

Every Wednesday from 6:00 to 11:00 pm and ever required, the Production environment will be unay

Published Reports

Filename DateUploaded

No publisl



Read the instructions thoroughly

Science and Socials have been preselected

Click each box to select the courses

Type any notes for counsellors here

Post when finished

Instructions

Attention: Grade 10's of 2025-2026

- Please choose your courses carefully. The timetable is built based on your choices now. In the fall, there may not be space to allow you to change your mind, and inadequate demand now could result in a course you w
- . Students entering grade 10 next year will be required to choose an option for the following required course areas
 - An English 10 Combination and a direct alternative.
 - Social Studies 10
 - Science 10
 - A Physical Education 10
 - A Mathematics 10 Career & Life Education 10
- · Students must also choose 2 Elective courses and 2 direct alternates that are different from the chosen alternates.
- All grade 10 students are required to have a complete timetable of 8 courses (6 required, 2 elective).
- Outside the Timetable Electives
- Please choose these during your course planning. Outside the timetable electives are taken in addition to the required eight (8) courses.

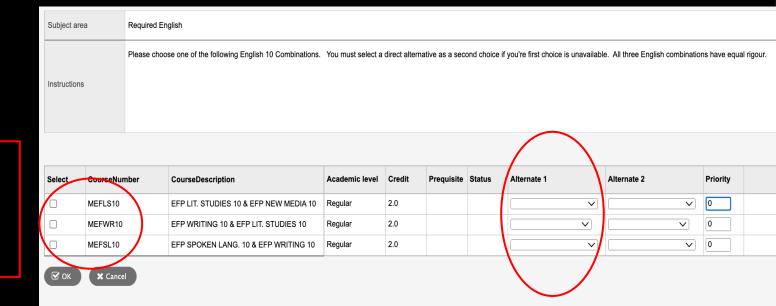
If students are planning to take a course in summer school, please include which course you are planning to take in the counsellor memo at the bottom.

Primary requests

	Subject area	SchoolCourse > CrsNo	SchoolCourse > Description
	Required Courses	MSC10	SCIENCE 10
& Select		MSS10	SOCIAL STUDIES 10
∫ Select	Required English		
♦ Select	Required Math		
Select	Required PHE		
Select	Required Career Ed		
Select Select.	Electives		

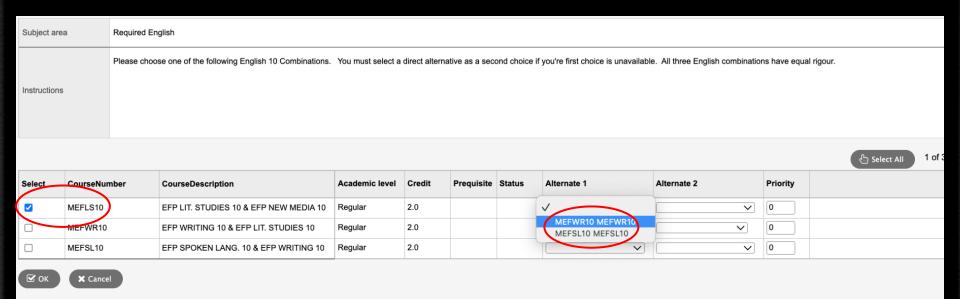
Notes for counsellor

Last posted time: Approved time:



Select the English 10 combo you want

You must select a direct alternative from the drop down menu



Select your preferred course and choose your preferred alternate from the drop down menus

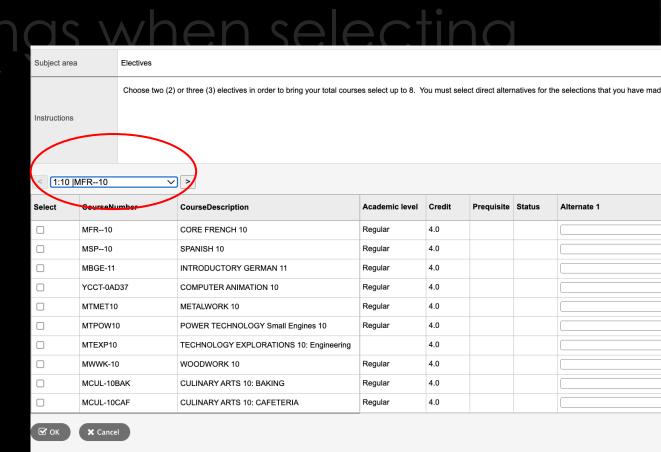
Repeat this for all your required courses

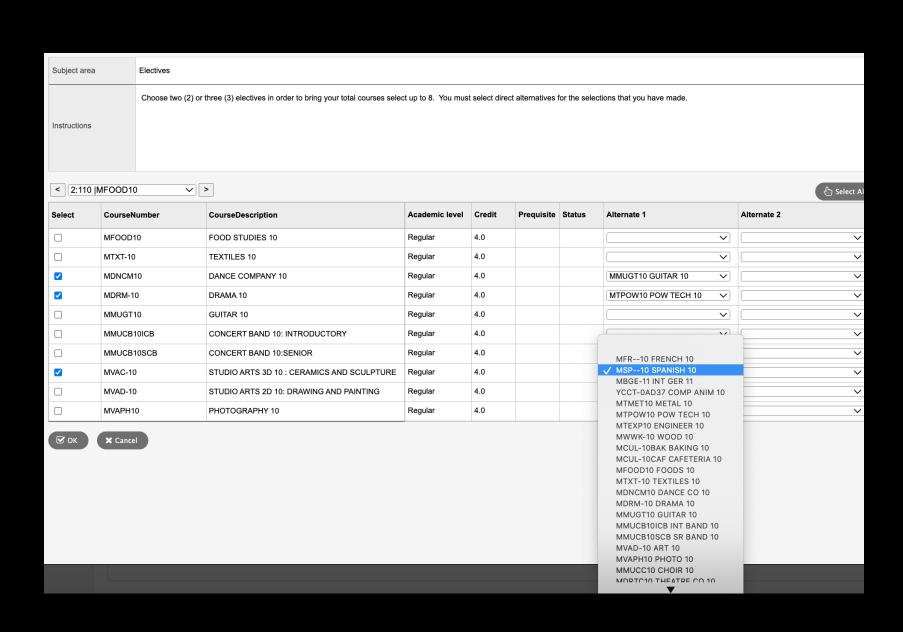
There are three pages of electives. They are in the order of your course selection sheet.

Toggle between pages to find them.

Select the elective you want to take.

You must select the alternatives using the drop down menu to the right





Before you finish

- Write any notes about summer school in the notes section to the counsellor
- If you typically take a strategies block, please indicate which elective you would like to be removed from if you are getting a strategies block next year.
- 1. If you have any questions, please see your counsellor.
- You must complete course selection by March 7.