

4615 - 51 Street, Delta, BC V4K2V8 604.946.4194 deltasd.bc.ca/de

November 6, 2023

Dear Parents/Guardians:

It has been brought to our attention of some confirmed cases of lice in our school. Due to the nature of secondary schools and student mobility, we are sending this letter out to our entire school community. **We would appreciate it if each parent could be vigilant in checking their child's hair very carefully on a weekly basis. Please ensure that you also check all family members. Here are a few steps to follow in checking the hair:**

- STEP 1** Gather your supplies:
- Your glasses (if you wear them)
 - A bright light
 - Pointed object (toothpick, chopsticks)
 - A magnifying glass
 - Hair clips
- STEP 2** Find a comfortable spot with the most light – explain to your child what you are going to do.
- STEP 3** Divide the head into 4 sections and examine one section at a time, by making parts $\frac{1}{4}$ of an inch away from the previous part. Check the **WHOLE** head from the scalp to the end of the hair shaft. Remember, lice are very fast and will scurry away from your sight as quickly as possible.
- STEP 4** You are looking for live lice and/or nits. Nits are the eggs the lice cement to the hair shaft. Nits are white or gray in color and may be confused with dandruff, fluff or dirt. A nit will not move unless you dislodge it from the hair shaft with a nit comb or your fingers.
- STEP 5** If you find a louse or nit remove it and throw it in the toilet or in a plastic bag which can be sealed and thrown away. Check anyone else who lives in your household and be prepared to begin treatment.

For a complete package of instructions for treatment, please contact the school nurse at the South Delta (Ladner) Health Unit at (604) 952-3552 or refer to [Fraser Health website](#).

Information Link Regarding Lice: [Head Lice Information Link](#).

If another case in the family has been found, please notify the school office immediately.

PLEASE REMEMBER

- to make weekly head checks as part of your routine
- if your child has long hair, keep it tied back.

Sincerely,

John Pavão,
Principal
Grade 12's

Mike Annandale,
Vice Principal
Grade 9 & 11's

Joanna Macintosh,
Vice Principal
Grade 8's & 10's